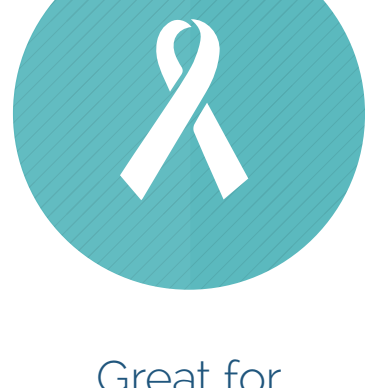


Getting on Board

WHY BE A TRUSTEE?



It's good for **YOU**



Great for **CHARITY**



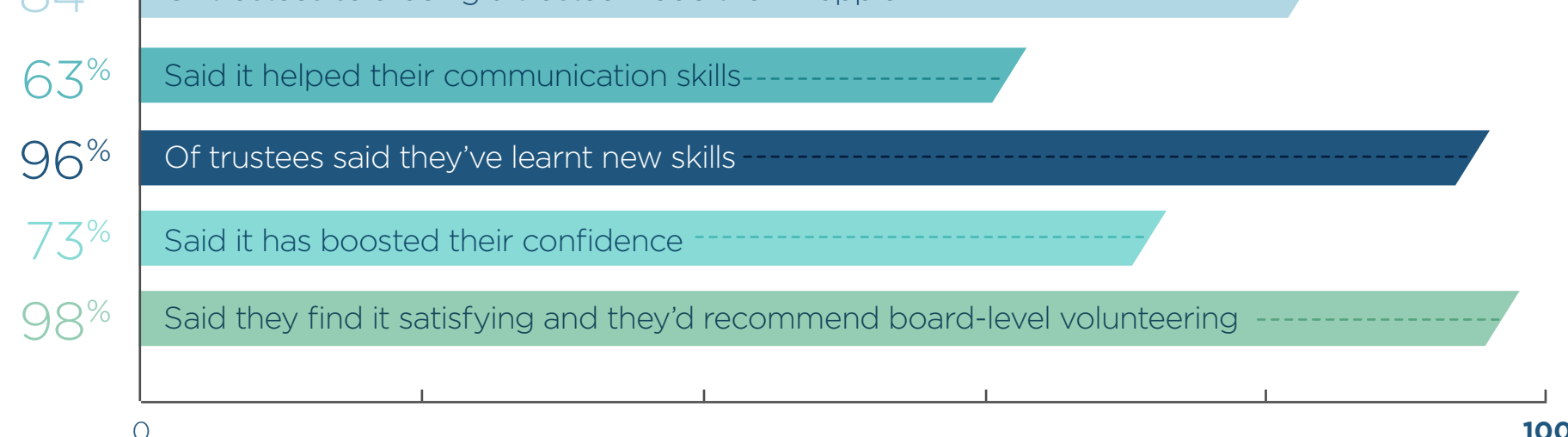
Important for **YOUR COMMUNITY**



30 HOURS

Volunteering on a charity board is a great way to support a good cause while enjoying all sorts of benefits for your personal and professional life. It allows you to train, learn, develop new skills and meet new people as you give back, and with an average time commitment of just **30 hours** a year!

HEALTH & HAPPINESS



STARTING OUT

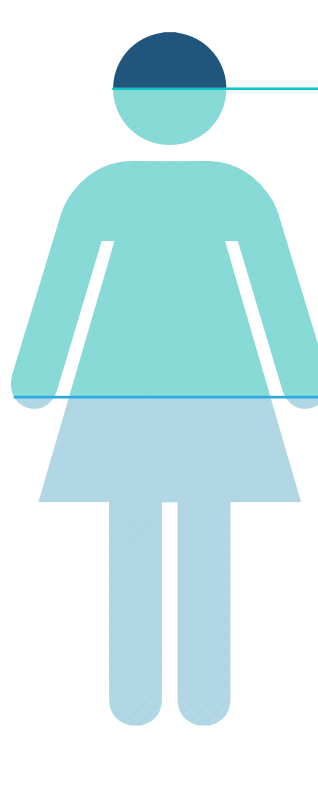


Of **18-24 year olds** learnt vital skills from becoming a trustee



Said these skills **helped** with their professional career

CULTIVATING FEMALE LEADERS



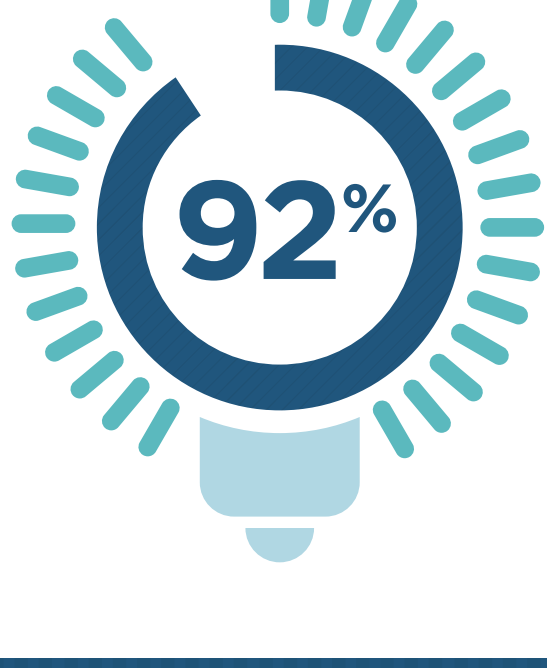
74%

Of **women** improved in confidence thanks to being a trustee

38%

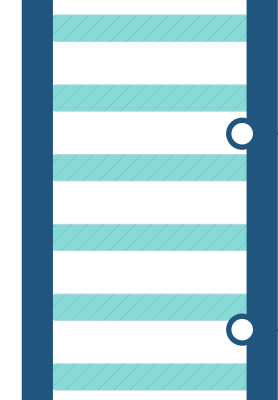
Had **new leadership aspirations** as a result

OUT OF WORK BUT NOT OUT OF THE LOOP



Of trustees who are currently out of work said they felt being a trustee was building their professional skills and **boosting their motivation**

VOLUNTEER YOUR WAY UP THE CAREER LADDER



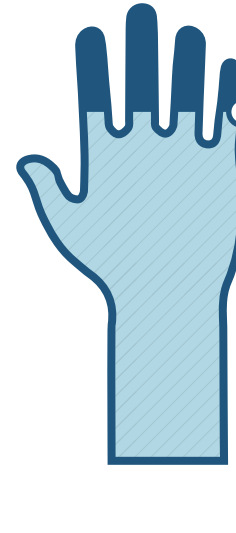
65%

Think being a trustee has **improved their CV**

22%

Got a **promotion** because of it

ONE THING LEADS TO ANOTHER



89%

Said they would undertake more volunteering as a result of their current or previous volunteering experiences

SO GOOD PEOPLE STICK AT IT

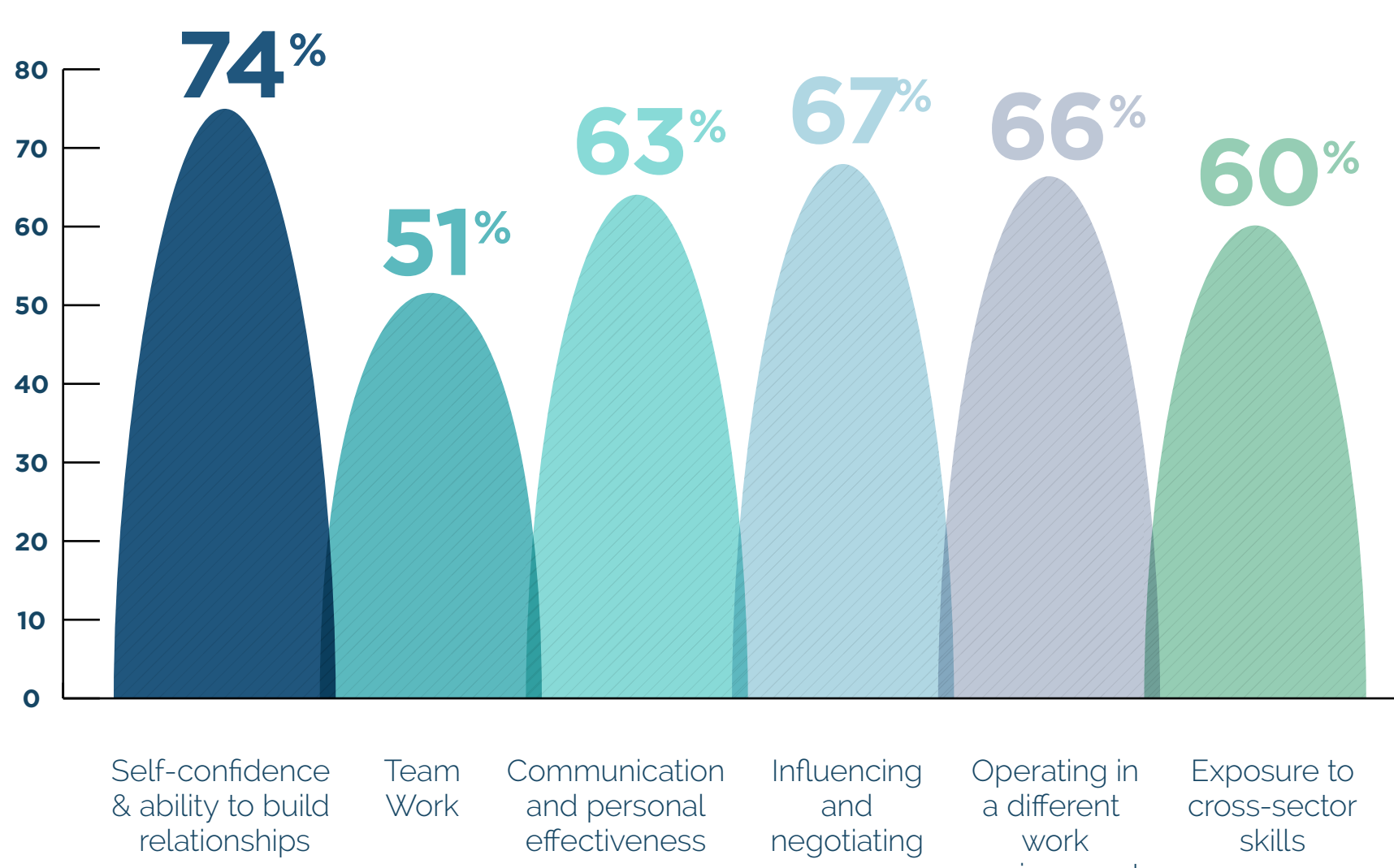


Of people have been a trustee for over 10 years.

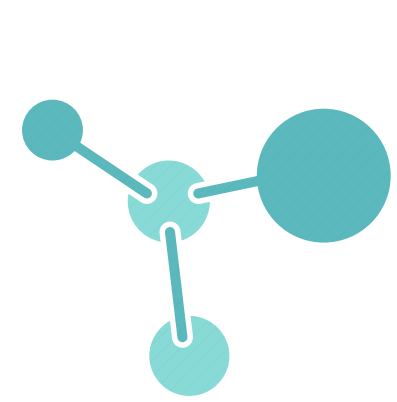


For 5-10 years

GROW YOUR SKILLSET



MAKE THE CONNECTION



63%

Say being a trustee extended their **personal networks**



54%

Said board-level volunteering has given them a **greater awareness** of diversity & interaction with different types of people

A BOOST FOR BOSSES

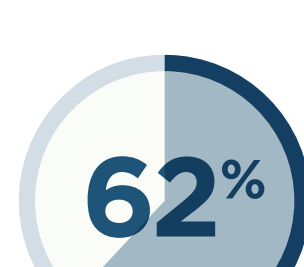
BOARD-LEVEL VOLUNTEERING HELPS EMPLOYERS TOO:



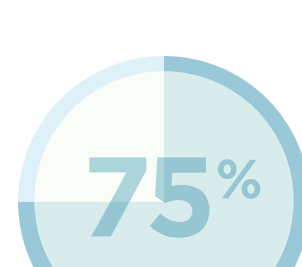
Effective and **low-cost** way of developing employees' skills, particularly leadership



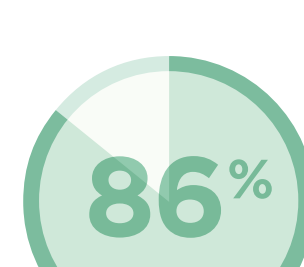
Enables employers to become **'employers of choice'**



Raises the **corporate responsibility** profile of employers



Gives employees **experience** in broader areas of business



Good complement to **professional and family life**

BEST KEPT SECRET



85%

Of trustees **don't think** board level volunteering opportunities are widely known (and should be!)

(200 trustees (past and present) interviewed during April 2014)